**Bringing my mentors to the table**

* **Think about the mentoring experiences that have been most significant in your life. Who were the people who were there to guide, support, and strengthen you? Add their names around the circle, and when they came into your life.**
* **Inside the circle, comment on what wisdom you have gained from each of them.**
* **What were the most satisfying aspects of those relationships, and why?**
* **What were the least satisfying aspects of those relationships, and why?**
* **What did I learn about being a mentor from these experiences?**
* **What did I learn about being a mentee?**